



Project Power Childcare Rules and Regulations

Welcome to Project Power Childcare! To ensure a safe and enjoyable experience for all children and parents, we kindly ask that you review and adhere to the following rules and regulations. By signing this document, you acknowledge and agree to these terms.

1. Childcare Hours

- Childcare is available Monday through Friday from 3:00 PM to 7:00 PM and Saturday from 8:00 AM to 10:00 AM.
- Please pick up your child promptly by the end of childcare hours.

2. Health and Wellness

- Sick children are not permitted in childcare. If your child is unwell and unable to attend school or daycare, they should not attend childcare.

3. Crying Policy

- If a child cries continuously for 10-15 minutes, we will notify the parent. If the crying persists, parents will need to remove the child from childcare.

4. Diaper Changes

- Staff do not change diapers. If a diaper change is needed, a staff member will notify the parents.

5. Restroom Use

- Parents are responsible for taking their child to the restroom. Staff will notify parents if they are needed.

6. Personal Belongings

- Project Power Gym is not responsible for lost or damaged toys or electronics brought into the facility. Please ensure your child's belongings are properly labeled and secure.

7. Food and Beverages

- Food is not permitted in childcare
- Drinks are allowed only in cups with secure lids and must be kept in childcare cubbies.
- Children may remain in childcare for a maximum of 1.5 hours per visit. This limitation is in place as we are not a licensed childcare facility.

8. Parent Presence

- Parents must remain inside the gym while their child is in childcare. Children may not be left alone in the building under any circumstances.

9. Drop-Off and Pick-Up

- Only parents or legal guardians may drop off and pick up children from childcare.

10. Booking Policy

- Parents must reserve a childcare time slot through the Project Power Gym app before arriving. Unreserved time slots cannot be accommodated. If a slot is unavailable, parents must book an alternative time.

11. Policy Updates

- Rules and regulations are subject to change at Project Power Gym's discretion. Members will be notified by staff of any updates.

Thank you for helping us maintain a safe and positive environment for everyone. If you have any questions or concerns, please do not hesitate to reach out to our staff.

By signing below, you acknowledge and agree to abide by the Project Power Childcare Rules and Regulations.

Parent/Guardian Name: _____

Signature: _____

Date: _____

I, _____ have received, read, and understand the Childcare policies of Project Power Gym. I also understand that if I am found in violation of any of the above policies, my child/children will no longer be allowed into Project Power Gym childcare.

Please list your children and their ages that will be utilizing the PPG Childcare:

1. _____
2. _____
3. _____
4. _____
5. _____

Please list the names of parents / legal guardians that will be utilizing PPG Childcare:

Name: _____ Relation: _____

Name: _____ Relation: _____

Name: _____ Relation: _____

By signing this form, you agree that you are the child/children's parent and/or legal guardian. You have read and understand the rules of Project Power Gym Childcare and agree to uphold them.

Name: _____ Relation: _____

Signature: _____ Date: _____